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GAIA

CHRISTMAS GIFT GUIDE



# Give the Gift of GAIA

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The festive season is a time of true magic, bringing family and friends together to make cherished memories and celebrate. This Christmas, share a little wellness with the ones you love with our range of gifts. With six new gift sets to choose from, you're bound to find something to nurture and nourish those you hold close.



GAIA Mini Vegan Set\*

*Details on inside back cover, online only.*

GAIA Strengthening Range Set  
£40

*Strengthening Body Oil 100ml*  
*Pulse Point 15ml*  
*Citrine Crystal and Card*

Support mind and body with Strengthening Body Oil and Pulse Point, infused with a blend of black pepper and ginger essential oils to relieve aching muscles and awaken the senses. Complemented with an energising citrine crystal which offers healing qualities and aids emotional balance.



GAIA Naturally Range Set  
£85

*Jade Roller*  
*Face Serum 15ml*  
*Naturally Face Mask 50g*

Natural skincare for healthy, nourished skin. The Naturally Face Mask gently purifies the skin, while the vitamin-rich Face Serum offers deep hydration, helping to repair and rejuvenate. The Jade Roller completes this set offering healing qualities, helping to cool and soothe the skin.



# MOTHER



## Mother GAIA Set

£45

*Mother GAIA Body Oil 100ml*

*Mother GAIA Tummy Balm 50g*

Created for mums-to-be, our Mother GAIA range harnesses the very best of mother nature for nurturing prenatal care. The complementary set includes the award-winning Mother GAIA Body Oil and Mother GAIA Tummy Balm, to help soothe skin and nourish the wellness of both expectant mother and baby.

# GAIA



**GAIA Crystal Range Set**

£125

*Jade Gua Sha Stone*

*Jade Roller*

*Crystal Purifying Mask 50g*

*Crystal Nourishing Cream 50g*

*Crystal Everglow Serum 15ml*

Harnessing the energising vibrations of crystals. This gift set includes a Jade Gua Sha and Jade Roller, known as the healing stone, alongside a trio of crystal infused skincare. The award-winning Purifying Mask is complemented by the Nourishing Cream and Everglow Serum, all infused with rose quartz crystals to restore harmony and energise the skin.

**Eye and Face Serum Set**

£60

*Eye Serum 15ml*

*Face Serum 15ml*

A naturally complementary duo. Smooth and hydrate for brighter eyes with our light-oil-based eye serum, containing natural actives of retinol and vitamin C, and follow with our vitamin-rich-oil-based face serum, to deeply nourish and protect your skin.



# GAIA



## GAIA Home Set

£55

Awakening Room Spray 50ml

Calming Candle 200g

Awakening Diffuser

Bring the rejuvenating blends of GAIA to your home, featuring the Awakening Room Spray and Awakening Diffuser, this set will radiate energy in to your home environment. Along with the Calming Candle ideal for winding down in the evening bringing balance and harmony to your home.

# HOME



Calming Candle  
£25

Inspired by our rest-inducing aromatherapy blends, the intention of this new candle is to soothe and relax. Ideal for evenings to wind down and during the day to give a sense of calm and peace.

Awakening Candle  
£25

Uplift your mood with GAIA's signature awakening blend of geranium and lemongrass essential oils, Bring energy and balance to your home, with this natural soya wax candle.



Pulse Point Christmas Crackers  
£15

Mini Bath Oil Christmas Crackers  
£12

Lip Balm Christmas Crackers  
£12

A trio of mini treats, offering an introduction to GAIA Skincare. Each Christmas cracker contains either an Awakening Bath Oil, Lip Balm, or Strengthening Pulse Point, each of which have been carefully chosen for its wellness properties, to help support and nurture the recipient, presented in a GAIA Christmas Cracker.





## The Naturally GAIA Mini Facial Range

£25

*Facial Wash 30ml*

*Facial Toner 30ml*

*Moisturiser 15ml*

Developed with GAIA's gentle, natural ingredients and suitable for all skin types, start and end the day with the Naturally GAIA Mini Facial Range. Presented in a limited edition illustrated GAIA wash bag, it's the perfect size for traveling or for taking to the gym and spa



## Sleep Set

£40

*Sleep Body Butter 50g*

*Sleep Spray 50ml*

*Sleep Balm 15ml*

GAIA's gift of sleep, a trio of wellbeing aids; sleep balm, sleep body butter and sleep spray, infused with our calming blend of lavender, chamomile and orange blossom to help calm the senses, quieten the mind and aid a good night's rest. Presented in a limited edition illustrated GAIA wash bag.



**Hand Care Set**  
£33

*Hand Wash 200ml*

*Hand Lotion 200ml*

Cleanse and nourish with our Hand Wash and Hand Lotion set. Our light and hydrating hand wash contains moisturising aloe vera and organic calendula whilst leaving your skin cleansed and gently refreshed. Afterwards, moisturise with our hand lotion with organic jojoba, coconut oil, almond oil and aloe vera.

**Hair Care Set**  
£32

*Shampoo 200ml*

*Conditioner 200ml*

Cleanse and nourish with our Shampoo and Conditioner set, containing moisturising aloe vera, soothing calendula and replenishing yarrow, working together they will encourage hair to be shiny and healthy, naturally. Presented in a GAIA gift box.



**Cleanse and Condition Set**  
£56

*Shampoo 200ml*

*Conditioner 200ml*

*Body Wash 200ml*

*Body Lotion 200ml*



Feel cleansed from top to toe with GAIA's uplifting Cleanse and Condition gift set. Featuring the Awakening blend Shampoo, Conditioner, Body Wash and Body Lotion, this nurturing set is presented in a limited-edition GAIA illustrated wash bag.

GAIA Mini Vegan Set £28\*\* *Online only*

*Mini Purifying Mask 20g*

*Mini Nourishing Cream 20g*

*Mini Awakening Body Lotion 20g*

*Mini Balancing Body Oil 30ml*

*Mini Calming Bath Oil 30ml*

Featuring a selection of all-vegan products, this set offers nourishing skincare the way nature intended. With a range of products for the face and body, including the Purifying Mask, Nourishing Cream, Awakening Body Lotion, Balancing Body Oil and Calming Bath Oil, the mini set allows you to sample our range of ethically made vegan skincare.



Handmade by people not machines. GAIA Skincare's natural products have been carefully blended to help melt away stress and to achieve our desired intention, to awaken, balance and calm.

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